

Technical Diploma in Health and Exercise Coaching – Electives

Module Objectives

Introduction to Nutraceutical Products (Enrichment Module A)

On completion of the module, students are expected to be able to:

1. explain the classification system and regulatory framework of nutraceutical products by using appropriate examples; and
2. explain the functions of common nutraceutical products in promoting general well-being and disease prevention.

Smart Device: Make It Easy (Enrichment Module B)

On completion of the module, students are expected to be able to:

1. understand the principles of Smart Device and Smart System;
2. build a simple smart device with web interface; and
3. elaborate the applications of smart device in various fields.